



**WHAT:**

**Global Fat Bike Day in Winterpeg.**

**WHO:**

**Fat Bike riders:** minimum tire width of 3.7 inches.

**Wannabe Fat Bike Riders are welcome:** but a double Payload (see below) is required by **Her Excellency, The Exalted Grand Pooh-Bah**

**WHY:**

- To celebrate fat bike fun machines and the go-anywhere, do-anything mindset of their riders.
- To explore Winnipeg's river city routes with the Forks as the center of the universe.
- To provide a 90 km or longer training ride in preparation for Actif Epica.

**WHERE:**

- Follow the rivers as close as you can in three directions around the City.
- All routes must start and end at the Forks;
- You may choose any route within the direction of travel for the stage; however, the Grand Pooh-Bah will quiz you to determine your level of compliance with the **FatBike credo: roads are too skinny for you!**

**HOW:**

- "T" shaped ride, following the rivers as much as possible - "Out and back" courses (3) centered on the Forks.
- 3 start times from the Forks depending on how much someone wants to ride - 6 a.m.; 11:30a.m., and 2:30 p.m..
- Detailed route selection is up to the rider, but suggested routes have been created for a total of ~100 kms. (assume 15 kph + 1 hour breakfast + 0.5 hour lunch => 8.5 hours in a 10.5 hour time frame). Riders may go longer, but must finish exactly on time.
- Required finish at exactly 4:30 p.m., not before (keep riding long), not after (better sprint hard), at the after-party hosts' place
- Cost = \$0, but **riders must buy payload items en route** (more points if bought from stores farther away from Forks) and \$ will be needed for food, java, donation to after-party host...
- No support, no SAG, no insurance, no cuddly-blanket-huggers....etc.
- Proof of arrival, departure or existence is required for every 3 hours of travel time. For example, check-in at the Forks, then buy something in Headingly, go back to the Forks and buy something there (thus 2 receipts within 6 hours.) Proof may be a receipt from a local business or a photo that answers a skill testing question (quiz provided at the Forks at the start of each stage).

**Awards**

The Exalted Grand Pooh-Bah is known to award extra points to riders who pick up Food Bank donations, books or warm clothing (=Payload) from far, far away and deliver said items to her re-distribution box. Payload must be acquired en route and delivered by rider to the GPB. Non fat bikes are welcome, but a double Payload will be required by the Grand Pooh-Bah.

Prizes based on point allocation (-10 to +10 scale on each item) by the Grand Pooh-Bah according payload sufficiency, evidence of where they've been (receipts required for every 3 hours of travel), complicity with the pathos of go-anywhere fat biking; heckling by other riders....etc.

Jurisdiction of the Exalted Grand Pooh-Bah is final and conclusive (arguing is fruitless...and likely painful).

**WHEN:**

Global Fat Bike Day – Saturday, Dec. 7<sup>th</sup>, 2014.

Start times per direction:

- West – Forks at 6 a.m. – to Headingly and back ~ 55 km
- North – Forks at 11:30 a.m. - to Kildonan Park and back ~ 24 kms
- South – Forks at 2:30 p.m. - to St. Vital Park and finish ~ 23 kms

Mandatory Finish Time: 4:30 p.m. at after party host's facility (location to be announced during the ride).

**OTHER STUFF:**

1. Wear a helmet, knucklehead.
2. Bailing out? Who ya' gonna call?
3. No SAG wagon, feed stations, or hot toddies to cuddle up to. Be prepared.
4. Bring cash for food, java and bribes.
5. Use your car at the Forks to re-supply dry clothes, or google Sally-Anne.
6. Happiness is warm tootsies! Big boots are worth it!
7. Have capacity in your bags for Food Bank delivery items.
8. No insurance. Nothing. Nadda. **Everything is done at your own risk.** Including breathing.
9. No commissaires. Time yourself, if you must.
10. Being a Grinch is a synch; being an Elf is hard work.

**Route Maps**

USE at your OWN risk!! These are terrible!

GFBD Stage 1 – 56kms

<http://ridewithgps.com/routes/3715657>

GFBD Stage 2 – 24kms

<http://ridewithgps.com/routes/3715678>

GFBD – Stage 3 – 23 kms

<http://ridewithgps.com/routes/3719135>

**After Party:**

By invitation of Her Exalted Supreme Leader, Grand Pooh-Bah, and all around great person...

The bearer of aforesaid Payload (FoodBank, book or clothing donation) is hereby invited to The King's Crescent Palace for refreshments and hot food.

[RSVP and get directions during the ride from Fred.]